



[Michelle Cantwell, DMD]
[SPEAKER]

Michelle Cantwell, DMD, is a graduate of Wilkes University and the University of Pittsburgh, School of Dental Medicine. Following graduation, she completed a three-year residency in prosthodontics and served as a Lieutenant Commander in the US Navy. She became a Diplomate of the ABDSM in 2014. She is employed by the Pulmonary & Sleep Medicine Department of Wellspan Health. She has served as chair of the AADSM Education Committee, member of the AADSM Health Policy Education Committee, the AADSM Mastery Program faculty and is President-Elect of the AADSM.



Mississippi Dental Association's



MDA District V Dental Society
Attn: Megan Pearson
6413 Palmetto Pointe Drive
Ocean Springs, MS 39564

District V Dental Society Annual Meeting

January 10, 2025

"Navigating the Landscape of
Dental Sleep Medicine"

Course Synopsis

This presentation provides a comprehensive exploration of dental sleep medicine, focusing on its critical role in managing obstructive sleep apnea (OSA) through oral appliance therapy. Participants will gain foundational knowledge and practical insights into this evolving field, enabling them to better serve patients with sleep-related breathing disorders.

Key Objectives Include:

1. **Essentials of Dental Sleep Medicine:** Understand the principles, prevalence, and impact of OSA, highlighting the importance of dental practitioners in its management.
2. **Utilizing Screening Tools:** Explore effective tools and techniques for identifying potential OSA patients, ensuring timely and accurate diagnosis.
3. **Overview of Oral Appliances:** Review the variety of oral appliances available, their specific features, and their efficacy in treating OSA compared to other modalities like CPAP.
4. **Exploring Patient-Specific Considerations:** Discuss individual factors influencing treatment success, including anatomy, comorbidities, and patient motivation.

Attendees will also engage with real-world case studies and answer a series of review questions to solidify their understanding. These questions cover topics such as predictors of success with oral appliances, distinctions between custom-made and over-the-counter devices, and the physiological impacts of oral versus nasal breathing.

By the end of the session, participants will be equipped with the knowledge and confidence to implement screening and treatment strategies for OSA, ultimately improving patient outcomes and quality of life.



Great Southern Club
2510 14th Street
Gulfport, MS 39501

Plan to attend the District V Dental Society meeting to learn, grow and connect with colleagues!

Continuing Education Credit

The business meeting is approved for 2 CE hours credit (dentist only) and the lecture for 3 CE hours.

A document stating the credit hours earned will be presented at the end of the business meeting and again following the lecture.

Schedule of Events

7:30am –8:00am Registration
8:00am – 10:00am Business Meeting
10:00am – 1:00pm CE Presentation

***Breakfast will be served**

Registration Form

Name _____

Address _____

Phone _____

___ Member Dentist \$120

___ Non-Member Dentist \$170

___ Dental Hygienist \$60

___ Dental Team Member \$50

Total Enclosed: \$ _____

Please submit payment and make checks payable to:

MDA District V Dental Society

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**Registration and payment must be received by January 2, 2025 for pre-registration discount. A \$50 late fee will be added to all payments received after January 2, 2025 and on-site registration.